

NIAGARA NEWS

NIAGARA COLLEGE
of Applied Arts and Technology
WELLAND CAMPUS
LEARNING
RESOURCE CENTRE

Vol. 17, No. 15
April 13, 1987
12 pages

Published by the Journalism-Print Program, Niagara College, Welland, Ont.

Athletes of the Year



DONNA STONOS
Female Athlete of the Year



BOB THROWER
Male Athlete of the Year

Inside the News

Up, up and away

Student experiences thrills in first hot air balloon ride.
Page 7.

Athletics

Niagara College is proud of athletic students and their contribution. Page 10.

New SAC president to promote spirit

By **JULIE DEBRUIN**
and **LEONA LEVY**
Staff Writers

Darryl Nadeau, 20, newly-elected SAC president, says the greatest problem at Niagara College is that people do not meet other people. He plans more daytime activities and will urge students to take part.

Of 3,215 full-time students at the college, 392 voted in the elections held last week at Welland and the satellite campuses. Twenty-three ballots were spoiled. St. Catharines Campus students do not vote as they have their own Student Senate.

Darryl, a second-year mechanical engineering technology student, won by 181 votes to Julie Ayres' 175.

Other members of the executive are:

Glen Futers, 19, vice-president;

Ralph Rittner, 29, vice-president of finance;

Kirk Macdonald, 19, vice-president of athletics;

Barb Morrison, 21, vice-president of external affairs;

David "DL" Webster, 21, vice-president of internal affairs;

Steve MacCarthy, 21, social convener.

REALLY GOOD

Darryl feels "really good" about winning. He has experience as he was vice-president of the student council during Grade 12 at Espanola High School north of Sudbury. He feels the social life of the college is as important to students as the academic.

Glen, first-year law and security, is next year's vice-president elected by acclamation. He feels students should become more involved and plans to hold more fund raisers and better pubs. But he said more promotion for these activities is needed.

Ralph, first-year business accounting, won by 182 to Bernard Villamil's 167. He feels "great" about winning. "This is the first time I've run for anything, and I won!" "I wanted to become more involved in the school and feel this position will be good experience for me."

MORE PRIDE

Barb, first-year fashion arts, won by 215 to Ed Leblanc's 134. She feels "great" about winning.

See SAC page 3



DARRYL NADEAU
President



GLEN FUTERS
Vice President



KIRK MACDONALD
Vice President of Athletics



BARB MORRISON
VP of External Affairs

Satellite campus students angry

By **JULIE DEBRUIN**
and **LEONA LEVY**
Staff Writers

More than half the students voting in last week's SAC election at the Horticulture and Hotel centres expressed anger at SAC candidates for not campaigning at satellite campuses. Of the 41 ballots from the two campuses, 21 were spoiled.

Ballots were spoiled because of comments written on them. "Who came to talk? How can we vote?" and "None of these candidates are deserving of our program's vote" were two from the Hotel centre.

Responding to the criticism, Darryl Nadeau, newly elected SAC president, said, "Transportation was a problem."

Ralph Rittner, vice-president of finance, feels "ashamed about not going to the satellite campuses." He believes there is a communication break-down among the campuses and hopes to make the Welland campus more aware of the other campuses.

Students at the Rainbow Hotel Centre sent a petition with about 50 names stating nominees should be campaigning at satellite campuses. They

added that satellite campuses should be allowed to elect their own SAC, or at least be informed of what goes on at SAC meetings.

Hort students sent a letter saying they feel they are part of the college and they invited SAC members to come down and talk to them.

Three hundred and ninety-two voted in the elections.

WERE TOLD

Hugo Bessems, student liaison officer, said the candidates were told that campaigning at the satellite campuses was their responsibility.

Other Hotel Centre ballots had such comments as, "Not voting because of your lack of interest," and "I regret not voting. If candidates made more effort, more students would vote."

Peter Lewis, president of the Hotel Club, said, "It's a shame something like this has to happen."

"People running for the positions never came down to talk to us," he said. "We were practically ignored."

He said no nomination posters were put up in the Niagara Falls campus. "Somebody told me on

See STUDENT page 3



Student volunteers from the Rainbow Center Canadian Legion hall on Valleyway in Niagara Hotel Club prepare main course plates at the International Dinner, held Saturday, March 28 at the Falls.

Photo by Tory Edwards

College hotel students present excellent International Dinner

By MARGARET BARTLETT
and TORY EDWARDS
Staff Writers

The 20th annual International Dinner presented by the students of Niagara College Hotel Club was "the best dinner yet," co-ordinator Manjula Acharya and assistant co-ordinator Mark Madsen said.

The dinner, held Saturday, March 28, at the Canadian Legion hall on Valleyway in Niagara Falls was organized and run entirely by students of the Rainbow Centre's Hotel Club.

"Participation in the dinner is voluntary — it doesn't have anything to do with our course marks," Manjula, third year

Funding for the event came from allotments from the Student Administrative Council and ticket sales. Door prizes were donated by local businesses.

FROM MANY COUNTRIES

Dishes from various countries were presented at the dinner and included : gazpacho, a cold Spanish tomato soup; salade panachee, lettuce and vegetable with port dressing; vol-au-vent de volaille et crevettes, a French

specialty with chicken and shrimp and served with baby roast potatoes, glazed carrots and seasoned broccoli. The dessert was an incredible white chocolate mousse with raspberry sauce. At midnight a beautiful buffet of cheeses, meats, salads and seafood was presented.

To promote the international theme of the dinner hosts and hostesses dressed in costumes from Spain, France, Italy, Mexico and the Caribbean.

Preparation began a month before the dinner and the students were responsible for everything from food and liquor to dishes, serving trays and linen.

hotel and restaurant administration student, said, "The whole idea of the dinner is to expose students to the hospitality industry to gain practical experience for future careers."

Tickets included the meal, complementary wine, midnight buffet and dancing to the Sunstone band. Tickets were available to the public at \$20 a person and all 200 were sold.

"The actual food preparation began on Thursday and decorating was done on Friday and Saturday," Mark said.

"We were a little nervous at the beginning, but everything turned out well," Manjula said. "It was fabulous."

Student reply poor for bursary awards

Response to the Bursary Program has been low with only one application returned, Elaine Spark, financial aid officer, said.

Various awards are offered and "students are encouraged to submit an application for those awards that they feel they qualify for," Mrs. Spark said.

Criteria are outlined on the application form, which can be received from the financial aid office or any program co-ordinator, for each award. Academic standing and financial need are considered for all awards.

The applications will be reviewed by a committee at the end of April and the winners will be announced at Awards Night on June 15.

All applications must be submitted to the financial aid office by April 27.

OSAP applications are also available at the Financial Aid Office and should be completed and returned by May 1.

Any OSAP-related questions should be directed to the financial aid office only, Mrs. Spark said.

Fashion students go to Toronto

Students and instructors from the Fashion Arts program will take part in the Festival of Canadian Fashion from April 22 to 26 in Toronto.

FASHION CLUB Boutique

UP TO 50 % OFF!

WE ARE HAVING AN "END OF TERM" CLEARANCE SALE ON MOST OF OUR MERCHANDISE!

HURRY ON DOWN!!!

BOUTIQUE WILL BE CLOSING FRI. APRIL 24

operated by **fashion arts**

tecumseh centre, welland campus

735 2211 ext. 768

Yearbook ready for grad day

Yearbooks may be ready for graduation day again this year, Donna Fiutur, Student Administrative Council office manager, said.

They are in the process of being put together in hope that they will be ready by graduation day, she said.

In the past yearbooks were mailed to students after graduation. Last year was the first year that they were given on graduation day.

All graduating students will receive a yearbook, funded by student activity fees.

12th ANNUAL I.E.E.E

TECH. REPORT NIGHT

Wednesday, April 15

Dinner - 5:30
in the Cafeteria
followed by
Presentations - 7:30
in the Hamilton Room

Tickets
\$12 - Members
\$15 - Non Members

Presentations from Computer Electronic, and Electrical Areas

All Technology Students are Invited to Attend

Refreshments will be served.

Page 3



New Niagara College board member Mary Ann Toomuth-Seppala toured the Simcoe Building recently, examining program facilities and chatting

with faculty and staff. Accompanied by David A. Davies, chairman, creative arts and human services division, (centre), and Fred Habermehl, dean, Ap-

plied Arts and Health Sciences, the board member spent several hours at the college. She said she had plans for fund-raising, but declined to divulge them.

Photo by Maureen Martin

Examine future of college, starting workshop to assist

By HELEN DOAN
Staff Writer

Development of a missions statement — a vision for the future — is "crucial" to any institution, and institutions like Niagara College should become "more market-driven," Lynn Hall, facilitator for Niagara College 2000, a retreat workshop, said.

Ms. Hall spoke to the Niagara News after the workshop April 3 and 4 held to examine the future of Niagara College.

A shift in student mix is one of several present trends that board members, members of the President's Executive Council, and internal observer board members — participants in the missions-statement workshop — decided had implications for Niagara College.

Ms. Hall said the workshop was a "beginning" stage of what would generally be called a "strategic process."

"The product of this beginning stage is the development of a missions, goals and objectives statement that can be given to all the various operating and organization divisions within Niagara College so they can develop responses," she said.

KNOW ONESELF

"If an institution does not have the concept of who it is and what it's in business to do, tremendous amounts of resources and opportunities are lost," Ms. Hall, who has a background in strategic planning, said.

She feels the trend for privatization suggests the need of institutions like the college to become more market-driven in order to compete against private industry.

With changing employment patterns, people not only have to be taught to fit into industry, but "we also have to teach people to deal with self-employment."

To open up the decision processes — an environmental trend workshop participants felt had importance for the college — Ms. Hall said the college must take into account many stakeholder groups, both inside and outside the campus community: regional, provincial, national and international.

FOR CORPORATE FUNDING

The workshop discussed the "great" opportunities present in assuming greater initiatives of corporate style funding. She specifically mentioned the buying of bonds and debentures as examples.

In recognizing a shift in student mix — that there are older students as well as younger ones — as an environmental trend, the workshop discussed expectations of understanding that people will go through not only job changes, but career changes.

"The early baby boomers are now cycling through second and third careers in many cases," Ms. Hall said.

This has implications for teaching generic, or core skills to younger students, and recyclable, vocational skills to older students.

As a workshop exercise, participants were asked to come up with their view of the strengths and weaknesses of the college, then decide "what it will take for a college institution to succeed in that environment given those threats and opportunities."

William Ford, chairman of the Board of Governors, felt "very encouraged that, when discussing the college's strengths and weaknesses, everyone laid their cards face up on the table."

The workshop was a success," he said. "Workshops have a definite place in college and any community."

WORTHWHILE EXERCISE

Jacqueline Robarts, college president, said the experience

was "a worthwhile exercise for all to work through together on the strengths and weaknesses in order to build a future for the college in the year 2000." She said the workshop was only a beginning. "Many more people must be involved in the total process before the job is completed."

Carri Emerick, vice-president of internal affairs for the Student Administrative Council and student observer on the board, said the workshop was an excellent idea to get Niagara College priorities straight.

"It's time for reflection...to see where we are, where we're going, and how we're going to get there," she said. "I appreciated the opportunity of verbalizing the student perspective. Before the workshop, I had a lot of personal questions as to what the college's future would be in the next decade. I don't have the same kinds of questions now, because they were discussed."

Ms. Hall sees the need for follow-up.

"You have to make sure something's done," she said. "There have been many hundreds of hours and millions of dollars wasted by people who just plan and never implement."

"While planning is important, and doing your homework correctly is of paramount importance, planning is only the front-end piece; far more important is implementation."

152 give blood

The second blood donor clinic of the year brought out 152 donors, short of the 200 donors Kathleen Harvey, Student Administrative Council president, had anticipated.

Marjorie Frith, executive secretary of the Welland Branch Red Cross Society, was a little disappointed in the lack of volunteers on Monday.

Hort rep disappointed

By CINDY LOGAN
Staff Writer

A SAC representative of the Horticultural Centre is disappointed external affairs candidates for the SAC election ignored the satellite campuses.

Albert Heemskerk, representative for the junior horticulture class also charged that satellite representatives are not allowed to vote in SAC meetings, or bring motions, and argued communications between campuses should be improved.

He said the candidates running for external affairs did not bother going to the horticulture centre; hort students did not know any of the candidates, and he was not told until Friday afternoon that elections would be held on Monday. The first posters Albert received said the elections would be held in the foyer of the Tecumseh Centre, and he posted them.

TO BOYCOTT

"Had I known early enough, I would have urged the students to boycott the elections," Albert said. (He did boycott the elections, personally.) "I had wanted to meet the candidates and tried to." He came to the SAC office in Welland, but the people run-

ning for election were not available. No one knew how to contact them. He wanted to talk to the candidates, to let them know the existing situation and to set things in motion for next year, he said.

Albert said he has no conflicts or problems with the people in the SAC office now, except they tend to be "a little condescending at times." He said as a satellite campus SAC rep, he is not allowed to vote in the meetings or present any motions to the council. He was to ask for funds to purchase a television set at one of the meetings, but had to have a representative from Welland campus bring the motion forward.

ONLY FAIR

"I'm on SAC — an elected representative of a satellite campus. I feel I should have the right to vote. It's only fair," Albert said. "If we take our own political system and look at that, someone who gets elected for Welland has a vote in the House of Commons. I don't think SAC has the same 'power' as the senate, where only an appointed senator can vote."

Albert said the SAC position on this problem is that the satellite campuses have their own student government.

Students angry Continued from page 1

March 25 this was the last day for nominations. We were not really notified that we could run or if we could vote."

IN HOSPITAL

Glen Futers, vice-president, said he had planned to go to the satellite campuses, but was in hospital. He feels there is a lot of hostility among the campuses.

"I would like to get them more involved in school activities and am planning on holding some pubs at the other campuses....It's give and take on both sides; they should realize

this is the problem."

David "DL" Webster, vice-president of internal affairs, said, "A lot of that was our fault." He felt the candidates should have gone to the other campuses.

Kirk Macdonald, vice-president of athletics, said he was not aware that he had to campaign at the other campuses.

Steve MacCarthy, social convener, said he was only told to show up at the election speeches.

The newly-elected SAC plans to get together before the end of the school year to visit each of the campuses.

SAC elections Continued from page 1

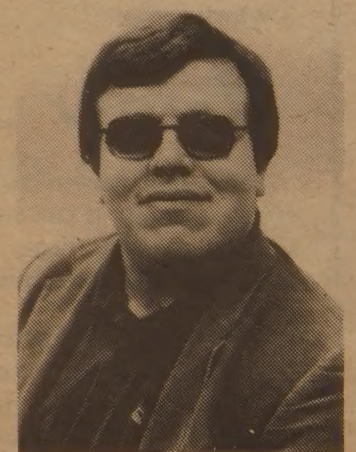
She said there should be more pride in the school, would like to see students more involved, and plans to have more blood donor clinics and improve the pubs.

Dave, first-year broadcasting, was elected by acclamation. He wants to make himself more available to the students and their suggestions.

Kirk, first-year law and security, won by 206 to Irene Bolibruch's 149. He is "thrilled" at winning. He said there is a lack of interest on the students' part in activities and clubs available. He would like to change that.

Steve, second-year broadcasting, was elected by acclamation. He said, "It's too bad in a way, (about the acclamation) because it shows that people are

not interested in running."



RALPH RITTNER
Vice President of Finance



STEVE MCCARTHY
Social Convener



DAVID "DL" WEBSTER
VP of Internal Affairs

NIAGARA NEWS

Vol. 17, No. 15
April 13, 1987
12 pages

D. J. Malone, Publisher
Austin Jelbert, Editor-in-Chief
Barbara Blue, Managing Editor
Eileen Muir, Advertising
Manager
Gordon Lawson, Photography
Consultant

Editor: Dianne Hart
Assoc. Editor: Cindy Logan

The Niagara News is a practical lab for the Journalism-Print program, covering the college community and other areas of interest. Opinions expressed are not necessarily those of the management of the Niagara News or the administration of Niagara College.

Editorials Vandals a problem

Vandalism has been defacing and ruining Niagara College for too long. What is wrong with the students attending this school? Some misinformed individuals seem to think they can do whatever they want to whenever they want to, but those people need to be told this is not the case.

Students who attend college are supposed to be adults — at least their birth certificates say they are all grown up. Some students are either too immature, or else do not know how to respect property or other students and staff members.

Now because of vandals, handicapped students are being penalized. A few students thought they were being smart by destroying the elevator. The handicapped students have no other means to get from one floor to the other in the Simcoe Building. They are forced to seek out an instructor or someone with a key to allow them access to the elevator.

Suppose something unforeseen should happen and someone were trapped on the third floor and the elevator is locked. Who is going to accept the responsibility for that person? The school, of course. Because of the actions of some people thinking they are smart by continually breaking the elevator, a life could be lost.

Those vandals must stop and think how they would feel if the situations were reversed. They are not invincible. They would have themselves to thank for having to suffer pain, inconvenience or hardship of manoeuvring the stairs. It is sad to say, but for a few, suffering pain and hardship themselves might be the only way to smarten them up.

Considering how many hours students spend at this college, it is almost like a second home. Niagara College is a great school and students should be proud of it. Would these students who contributed to the high rate of vandalism be allowed to act that way in their home? Then why act that way at Niagara College?

Dianne Hart

Grow up, kids!

The kindergarten mentality and lack of school spirit of some of the students attending Niagara College are appalling. The immature actions of some students were evident during the recent SAC elections.

One of the participants in the elections did not show up on time for his scheduled slot during the speeches held in the Hamilton Room.

Others in the audience resorted to disgusting and obscene suggestions during some of those same speeches. There were incidents of throwing things, sexual innuendoes directed at some of the female participants, all which were completely uncalled for.

A person who is speaking should be given a chance to finish without being forced to listen to hecklers from the audience.

Perhaps it may seem old-fashioned, but good manners are never out of date.

One idea that may be new and unique to some of these students, would be to treat others as they wish to be treated. If one likes to be subjected to disgusting behavior, heckling when speaking, then continue in the same way. If not, then show some consideration for others, or is common courtesy too much to ask for?

Cindy Logan



The winner is...

The Corpsuckle Cup is being presented for the fifth straight time to the ambulance and emergency care program for donating the most blood by a program at Niagara College's annual blood donor clinic held Nov. 27. Jacqueline Robarts, Niagara College president, presents the award to

Darryl Smith, class president. At the presentation were, left to right, Kathleen Harvey, SAC President; Gail Hilyer, Welland Red Cross president; Darryl, Miss Robarts, Frank Adamson, program co-ordinator.

Letters

Thanks reporters

Dear Editor,

During the last few months, I have had the opportunity of meeting a few of the students from the Journalism Program.

I would like to express how much I enjoyed discussing the type of work our own students are involved in with your students. My job was only to acquaint these young people with each other; yet I was able to observe how much our students appreciated the attention which was paid to their studies and work by your reporters.

My thanks and congratulations to you and your students for their enthusiasm for getting involved with our students and the social grace they displayed in dealing with us.

Hans Miethig
Co-ordinator,
Construction Engineering
Technology

Fields open to women

Dear Editor:

I would like to thank you, (Anne Gable, staff writer), for writing the informative article about women in the Construction Engineering Program. It is sometimes difficult to let women know there are opportunities for women in "male dominated" fields such as construction.

Articles like the one you wrote for the March 16/87 edition of the Niagara News are seen by women and convey these options well.

Thank you again, and I wish you much luck in pursuing your journalism career.

Elizabeth Young,
Construction Engineering
Technology student

Errors on tax returns

TO THE EDITOR:

It is of interest for students to know there were 237,000 errors made by taxpayers when filing their tax returns for 1985. These errors were concerned with student related deductions.

Revenue Canada authorizes a \$50 deduction for every month during which a taxpayer is a student. However, if the student's yearly income is too low to benefit from this deduction, it can be partially or entirely transferred to the taxpayer claiming the student as an exemption.

This does not apply to all students. Complete your return carefully. If you have any questions, call 688-4000 or 1-800-263-5672 or obtain the pamphlet "the student"...and then there is the \$50 federal sales tax credit???

Wm. Munroe

Dreams do come true

Dear Editor,

I would like to thank Mr. Jelbert, Mrs. Blue, Gordon Lawson and the entire second-year journalism class for their help and support during my two years in the journalism program at Niagara College.

You are all truly exceptional people. A person such as myself couldn't ask for more willing and patient friends.

Thanks for helping me realize the start of my dream to start my own magazine for the disabled.

Yours sincerely,
Suzanne Hernandez

Wishing all good luck

To Second-year journalism students,

The first edition of the Niagara News is now behind us, thanks to the help and guidance of four second-year students: Anne Gable, Maureen Martin, Martin Pokol, and Bobbie Storey. First-year journalism students would like to take this opportunity to thank these four students for their help and patience, and to wish all second-year journalism students good luck in their chosen careers.

First-year journalism students

Ooops

Cutlines under a retirement photograph of two instructors retiring from Mt. Carmel, Niagara Falls gave an incorrect identification of Muriel Slinn.

The other retiree was Angela Martin. The two women taught in the Health Care Aide Program. The retirement dinner was put on by the staff of Mt. Carmel. Reno Martin, husband of Mrs. Martin and a retired chef, did the cooking for the affair.

The Niagara News apologizes for any inconvenience and embarrassment the errors may have caused.



St. John Ambulance
The need never changes.

Focus

Taxi's changes affect many

By PATRICIA GLEADALL
Staff Writer

There have been a lot of changes in the taxi business since Ed Lane, manager-dispatcher of Red's Taxi in Thorold, started in the business in 1958. Insurance is one of them.

"Right now, it is one of the biggest headaches," he said. He hopes the government will step in and do something about it.

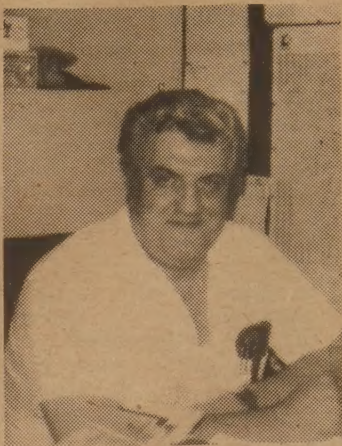
"It isn't affecting only us; it's affecting schools, sporting events, concerts, wherever things are being put on," he said. "In the long run, the public pays for it."

Taxis try to give people what they need in service but little does the public realize the importance of something until they need it. And considering the "astronomical costs" of insurance and gas, he considers the rates more than fair.

The 50s

Back in the 50s when Mr. Lane got started in the business, every little town, Port Dalhousie, Thorold, Merriton, St. Catharines, all had their own companies. Now there are three; St. Catharines boasts two and Thorold has the other one.

When women began driving cabs in the late 60s, they were viewed with suspicion, but that attitude has changed. They are now accepted and more in de-



ED LANE

mand by companies. They are requested by other women and also parents who prefer them for their children, he said.

Another change is the type of call that comes in. There are more "request" calls — calls for a preferred driver; most callers are willing to wait until the driver of their choice is available. These are usually drivers who have been with the company for some time. Also, school runs and related calls now make up about half of the business.

Part time

Red's Taxi has 13 cars and 26 drivers, six of them part time.

"The business would not survive without part time help," he said. "You don't make a lot of money but they come in to sup-

plement their incomes. It is a continuous change of personnel."

Mr. Lane is all for this so that people can better themselves and, with work so hard to find, at least it is a job.

To become a driver, a person must apply to the police station for finger printing and photos, have a good driving record and no criminal record. A special licence is then issued with a photo of the driver that is either on display or readily available to police at all times. A far cry from the days when the only thing needed was 50 cents to get a licence, he said.

Police

Robberies have not been a problem. The police department works very well with the drivers "if they can get to us in time." There is the odd customer who gives the driver a rough time about paying fares.

Mr. Lane was out of the business in the 70s but came back to it because he likes dealing with the public. He believes everybody should like their jobs. As for being manager-dispatcher, it is just a different kind of headache inside than out. He feels it gives him the best of two worlds.

In the meantime, he does the organizing, hiring and firing, scheduling of the school runs, taking and recording calls as they come in and leaves the insurance problems to the owner.

Sylvan Learning Centre opens

By LENNA MASON
Staff Writer

The new Sylvan Learning Centre, 60 James St., St. Catharines, is a supplementary school program with a new concept of educating. There is a guarantee of a raise of one full grade level within 36 hours or 12 extra hours will be added at no cost, Molly Harding, regional director, said Friday.

The school, unofficially open since February, had its official opening Friday, April 3. Its main goal is to establish basic math and English skills which for various reasons have not been obtained, and the centre will work with students of all ages.

Basic learning skills are the vital basis of further education, and if they are not obtained, can stump a child in other areas, Mrs. Harding said.

Learning

Part of the learning process at Sylvan is to help the children to have a more enthusiastic approach to learning.

"Sylvan builds their self-confidence, their self-worth and their self-esteem," Mrs Harding said. "There is no competition here, and we handle things on a first name basis."

Those who come to Sylvan have a diagnostic test to establish what level they are at and what area needs most to be worked with.

Some gifted children attend Sylvan for enrichment as they are not getting enough at their regular schools; therefore, Sylvan is an added bonus to them, Mrs. Harding said.

Sylvan Learning Centre now has 24 students, most of whom attend two hours per week at various times between Monday and Thursday.

Joe Kenney, instructor, said Sylvan teaches on a personal basis working with one to three children at one time per instructor.

The children are tested on word analysis, vocabulary, comprehension and applied skills, he said.

The centre has a token system whereby a child receives one to three tokens depending on how well he has done on a test. The tokens are cashed in and are used to buy things from the Sylvan — a booth set up in the room.

"We are really big on positive reinforcement," he said. "Even if they get two right, they get a token which makes them try harder."

Besides personal instruction, the children learn the Milliken computer which applies math sequences and Bell and Howell-Language Master which develops vocabulary, reading, comprehension and oral reading.

Play time

After 50 minutes of instruction there is a 10-minute span for play time. This helps children to understand that learning does not have to be a difficult process, Mr. Kenney said.

The 36-hour instruction time covers a six-month term; a payment plan offers one to pay \$85 over a 12-month period.

The Sylvan concept began eight years ago in Portland, Oregon, by a junior high school teacher who found his students to be frustrated due to lack of basic math and English skills.

He came up with a program and worked with the department of education

There are 245 centres set up in the United States and 27 in Canada.

The St. Catharines Sylvan Learning Centre is owned by Peter and Pat Fife. The two others will be opening in the near future in Welland and Niagara Falls, Mrs. Harding said.

Sign language being offered, opens communication lines

By MARLENE NAGEL
Staff Writer

Hands slice through the air as students wait for the class to begin and discuss among themselves, and with teacher Emile Blanchette, previous lessons already learned in their second language, the language of sign.

The sign language class, one of many classes offered by continuing education, has young and old students alike enrolled for many different reasons.

Dianne Kirkby is "fascinated" by sign language. She is an instructional assistant for a TMR class (teaching mentally retarded) at Central School in Grimsby and there is a little boy in the class who is hearing impaired.

Vicki Warring, a Niagara College student, may work with deaf children in the future because of her course, educational resource and special needs technician.

Others want to learn another language. One man is taking the

Change in program benefits students

By SUZANNE HERNANDEZ
Staff Writer

The general college program has changed and expanded, over the 16 years since it began, to better meet the needs of students enrolling in the program.

The major changes have been in the area of curriculum development. More courses are now offered in addition to such social science courses as psychology, sociology, history, and politics, Alexandra Fic, program co-ordinator, said.

"We have been doing curriculum development for the program with whatever resources we had, to accommodate and assist as many students with as many diverse backgrounds as possible," she said.

Students can upgrade their math, through two math courses now offered in general college. One brings the student up to Grade 12 level, and the second up to college level.

Big help

"This is a big help for those students who want to go into business," Mrs. Fic said.

Courses in computers, typing, word processing, accounting, and leadership and decision-making have been introduced. They were added for students who want to go into business. In total the program offers 18 courses. This includes four fine arts option courses.

"I'm hoping in the next semester or two, to introduce basic French."

Another significant change in the program occurred five or six years ago when the January start was introduced. "This has been very successful because we always pick up 40 or 45 students," Mrs. Fic said.

The total number of students enrolled in general college this year is 280, more than February last year.

"What has happened in the last couple of years is the total number of students is somehow larger than the previous years by 15 to 30 students," Mrs. Fic said.

course with his daughter because his granddaughter is hearing-impaired and he wants to be able to communicate better with her.

In the first class there were four people from the same family; now there are two married couples "which is pretty unusual," Mr. Blanchette said.

Teaches

Mr. Blanchette teaches a hearing-impaired program at Briardale and Oakridge schools in St. Catharines. Students range from two years old to grade 8. He is teaching the continuing education class for interest.

"I work with children all day, I like working with adults," Mr. Blanchette said. "I'm doing the same service to the children that I teach. The more people interested the better."

"Sign language has only been used in Ontario in the last 10 or 11 years," he said, "I pretty well taught myself."

"For the last two or three years I have been planning for more students, and we just about do it right. Now come next January looking at this number I would probably say, will let's plan for 300."

General college gives students time for decision-making; it allows them to find themselves, Mrs. Fic said. It gives them time to decide such things as whether to go to college, university, or work, or whether to take full or part-time courses.

"What's very valuable about general college is its flexibility," Mrs. Fic said. "Students are not forced to take a set menu of courses." Timetables are planned according to their individual needs.

General

Students can enter the general college program on a full or part-time basis. Those entering full time must take a minimum of four courses a semester. An average student takes six or seven courses. This is about 18 to 20 hours a week. "We do not recommend more than six or seven courses," Mrs. Fic said.

A maximum of 15 students graduate from general college each year. After being at general college for two years, five or six of these want to go to university, Mrs. Fic said. A few come from other programs, and because they are missing a course cannot graduate from their specialist program, but can graduate as general college students.

Placement

Those who graduate can find jobs because they have a lot of general background, Mrs. Fic said. They have courses like computers, word processing, typing, psychology, sociology, English politics, and human relations. "I consider these life skills." Some employers want people with a general education background, she said. "Therefore our placement figures have not been bad at all, about 80 per cent."

"We may automatically add 'ing' onto a word because of our language," Mr. Blanchette said, "but deaf people don't have that language and will more than likely leave it off."

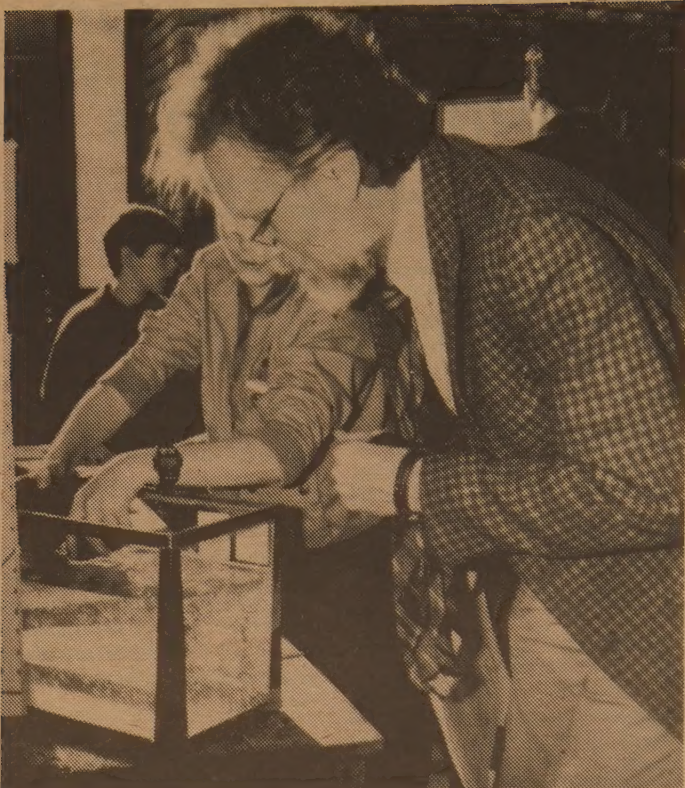
"Some people take the class for interest, some for personal reasons — they're going deaf or it might be of use to them — some as part of a course."

A lot of different people take the class; "nurses, banktellers, bus drivers, and policemen" are just a few.

Prize packages

A springfest has been organized for Thursday to make up for the Winterfest which was cancelled, Carrie Emerick, vice-president of internal affairs, said.

Activities are being organized with a prize package of spring paraphernalia for the winner. They include an Easter Egg Hunt in the school; it has not been decided whether the eggs will be paper or chocolate.



About 400 peninsula students showed their skills in the area of science with demonstrations lining the halls of Niagara College's Simcoe Building during March. Hordes of other students were bused to the college to get a glimpse of the displays which showed a wide range of imagination and ingenuity.

400 show science projects

The 25th Annual Science and Engineering Fair attracted about 400 students from grades five to 13 to the college.

Students showed their scientific thought and knowledge by displaying projects they made. On March 25, the students were judged by three or four of the 100 judges asked to voluntarily participate in the fair. The judges are teachers and local citizens who are considered specialists in certain areas such as engineering, biology, chemistry and physics.

The judges are given brief descriptions of the projects they will be judging and are asked to evaluate the student on original scientific thought, procedure followed, method used and presentation.

The fair has consistently grown in the past 25 years and lately it has been found that there is "not enough room to accommodate the students" and some even have to be turned away, Narendra Misra, chairman of the fair, said. "The main idea of the fair is to promote science and engineering among school students."

Most of the projects are entered by younger students because science fair projects are compulsory in grade school. The students with the best projects are encouraged, but not forced, to enter the regional fair.

At the end of the three-day display period, an awards ceremony is held honoring the best of the best. Medals, plaques, bursaries and scholarships sponsored by scientific associations and local, provincial and national companies are awarded.

Regional winners are then sent to the national competition, this year held in Mississauga. Four students, one from each division of competition — juvenile, junior, intermediate and senior — are sent to the international science fair in San Juan, Puerto Rico. These students are sponsored by the Science Fair Committee through charitable donations it receives.

Theatre's final show April 22

The Niagara College Theatre Centre's final production of the year will be "a triumph of the absurd over the ridiculous caught between the pompous and the unseen when the dog no longer barks," D'Arcy McHayle publicity and promotions supervisor, said.

The centre is presenting its interpretation of the Alan Ayckbourn comedy, Absurd Person Singular. The play is based on the lives of three unique couples and their relationships with each other.

The cast includes students Shae Marie Casner and Darren Levstek in the leads, and will be directed by program coordinator Valerie Grabove. The play will run from April 22 to April 28, with performances daily at 1 p.m. and 8 p.m. Ticket prices are: adults \$4.50, students and seniors \$3.50, and \$3.50 for matinees.

Chem tech programs integrate next year

The Chemical Technology Program and the Chemical Technician program are to be integrated into a joint Chemical Technician and Technology Program for September, Anthony Backler, chairman of chemical, computer, electrical, electronics division, said. The change is due to college financial constraints.

The technicians and the technologists will be taking classes together. The students can study for four semesters and graduate with a technician's diploma or go on for semesters five and six and receive a technologist's diploma.

The quantity of the students will remain at a high level, and the students will leave the program with the skills they have always had," Mr. Backler said.

Program costs had to be pared because the chemical technology program and the chemical technician program are high cost

programs. "There are two types of programs at the college, the costly programs and the programs that help bear the cost," Mr. Backler said. "You need a balance between the two."

There will be some small decrease in hours, but 95 per cent of the hours will still remain. Instead of having two math classes, only one will be needed. This new method will provide a large saving of hours and instructors, Mr. Backler said.

Your Forests... Your Future



"I was starting to get a little cynical about what I was doing, and I was coming to the end of a relationship. Outward Bound helped me discover that things were simpler than I thought."

— Sue Ballantyne, Teacher

BERT BELL

Outward Bound is a wilderness adventure that helps you understand, test and learn to use inner resources you may never have known you had. Five to 24-day courses are run all year for students, teachers, executives and professionals. Call 1-800-268-1121 for a brochure.

Canadian Outward Bound Wilderness School, P.O. Box 675, Station K, Toronto, Ont. M4P 2H2.
Canadian Outward Bound Mountain School, Suite 206-1656 Duranleau St., Vancouver, B.C. V6H 3S4.
The Canadian Outward Bound Schools are non-profit, educational organizations. Course fees are tax deductible.



Up, up, up and away...

By HELEN DOAN
Staff Writer

When most people were walking around ladders and sidestepping black cats, Friday, March 13 found me experiencing the thrills of my first ride in a hot air balloon.

Balloon rides were the last thing on my mind as I was driving home that afternoon. I had attended classes after working a midnight shift as a customs officer at Queenston Bridge, and I was thinking about the sleep that awaited me. The sky was blue, the sun bright, and the wind, almost warm. The car windows were rolled down and a snappy tune was playing on the radio.

I was driving north on Highway 406, and thinking how nice it would be to spend the next few hours outdoors enjoying the spring-like conditions, when I spotted the red, white and blue hot air balloon with ReMax printed on it floating lazily overhead.

There is something captivating about hot air balloons. Ever since reading Jules Verne's *Around the World in 80 Days*, and watching the Wizard of Oz lifting off for his trip back to Kansas, I had been tempted by the idea of riding one. Now one was within reach and I could not resist the invitation of seeing it up close. Besides, I needed a story for the school paper to replace the kite story that was not panning out.

Sleuthing

It took almost three hours of tedious sleuthing and the help of John Waterhouse, air controller at Niagara District airport, to track down the balloon's launch site. But it took only a second for red-haired, 27-year-old Dave Ryan, the balloon's pilot, to agree to my request for an interview and a ride in his hot air balloon.

Within minutes we were airborne. "I hope you're not afraid of heights," Dave said as he worked the propane burner to send the balloon gently rising into the air from Henley Island.

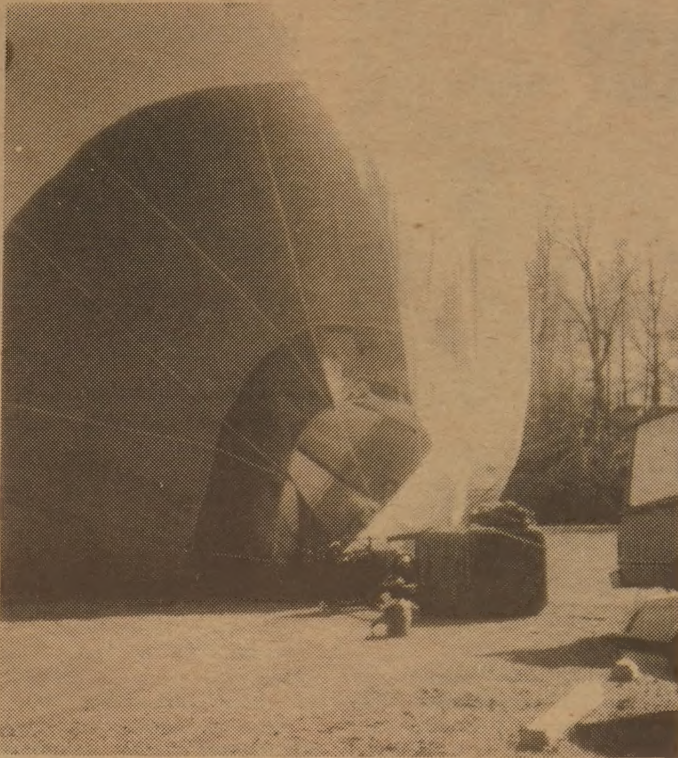
Surprisingly, I was not afraid as I peered down at the shimmering waters of Martindale Pond from the wicker basket that would be our home for the next hour and a half. My pilot's relaxed smile put me at ease.

Piloting hot air balloons is a full-time job for Dave. Three years ago, he was enrolled in an avionics course at Centennial College when the Colleges went on strike. In a Toronto paper he read about a job opening, applied, and has been working since for Colting Airborne Media, a company which uses hot air balloons as advertisements for businesses, such as ReMax realtor.

Comfortable

In our seven-storey-tall ThunderColt balloon, we moved towards the St. Catharines business hub at a rate of five miles per hour. I was prepared for cold, but because we were moving with the wind, there was no chill factor, so I packed away my gloves, and reached for my camera.

Although the altitude record for the size balloon we were in is more than 35,000 feet, we stayed much lower. For advertising purposes, the lower, the better. Now and then we waved to spectators below us.



This ThunderColt hot air balloon is preparing for launch from Henley Island, Port Dalhousie, for an advertising run to promote ReMax realtor. Dave Ryan piloted the balloon, while Helen Doan, passenger, enjoyed the hour-and-a-half flight which ended in Thorold, within a mile of the Ontario Paper company.
Photo by Helen Doan

As we crossed over the Pen Centre shopping area, he drew my attention to a blue truck. Driving the truck was Rajesh Shukla, 21, who was tracking our route on the ground.

"We're not able to fly back, so our truck follows us," Dave told me. "With hot air balloons, it's strictly from point A to point B with the wind."

Dave worked on the ground for the first two years, then last year he became a licensed balloon pilot.

"First you have to find a certified pilot who has the experience to do it. The training is minimal — 16 flight hours — then you must pass two government tests."

Dave was fortunate that his employer, Hakan Colting, was a former Canadian champion balloonist who had time to train him. Dave said he was "scared to death" when he took his first solo.

Scared

"The first couple of minutes you're thinking what am I going to do," he said. "You're holding on to the basket and not moving. Ten minutes down the road, you're looking over the side again," he said.

He said the day he received his licence, he was a qualified instructor, hot air balloon pilot, and gas balloon pilot. "I've only seen gas balloons from a distance, yet I'm still qualified to fly one," he said.

Dave said he wants more experience before he instructs. "I've done 100 hours, but there's always something out there you're going to learn," he said.

During winter, when winter carnivals are on, he works every weekend. "If the weather's good, we work nine days a week, 30 hours a day," he said.

In summer, his working days begin early and finish late.

"In summer, you get thermals — balls of heat rising off the earth," he said. "Since we're a hot air mass, we mix with it. When you're landing, about 50 feet off the ground, you start to rotate and lose control. You don't want to get stuck in one of those — you drop out of the sky from 20 to 30 feet." To avoid thermals, Dave flies in the cooler

times — early morning, and late afternoon.

Last year he flew in Halifax for the ReMax convention and said he would never fly there again.

"We drove around for three days looking for open fields. When we didn't find any, we figured they must be hidden on the other side of the trees, and when we got in the air, there was nothing but bush. We had three places we could land — an industrial field, the airport, and the beach. The next stop would have been Ireland."

Calgary

He said Calgary is the balloon capital of Canada, but Montreal is quickly taking over.

"Montreal is ideal for ballooning. The city is in the middle, with countryside all around. You can fly over it from any direction. Toronto will never be the capital because most balloonists are terrified of flying over water."

He mentioned that Mr. Colting was planning a Lake Ontario crossing some time in the future, but was waiting for the right conditions. Three days following my ride, Dave, Mr. Colting, and reporter Peter Cheney became the first people to make the Lake Ontario crossing in a hot air balloon.

Below us was the Ontario Paper company. Within minutes we would be landing. We began looking for fields with road access for the truck, yet free of hydro wire. "Hydro lines are our biggest enemy," Dave said. Looking down, the countryside appeared to be criss-crossed with them. For the first time, I felt uneasy.

Finally, we located a suitable landing spot and Dave instructed me on the proper way to cushion my body to absorb the shock of landing. Gracefully, the balloon descended the last few feet. I felt the jar of ground beneath my feet as the wicker basket, designed to absorb most of the shock, made contact with the earth. Then as a slight breeze caught the balloon, the basket spilled onto its side and we crawled out. I had survived my first ride in a hot air balloon.

New sign project pleases president

It is one of those things that "everyone agreed we needed, but we've never had the money to do," Jacqueline Roberts, Niagara College president, said about the color co-ordinated sign project being installed throughout the college.

The project, made possible through a special works grant from the provincial government, and costing between \$60,000 and \$65,000 to install, will make it easier for students and visitors to find their way around the college.

"I am very pleased that after 20 years the college is getting the signs," Miss Roberts said. "In the nine years that I have been here, we've tried four times." She cited lack of money

as the reason why the signs were not erected in the past.

In January, the college received the provincial grant of \$187,000 with the stipulation that the money must be spent by the end of March on construction-type projects. Since the time element "limited the ways the money could be spent," it was decided the money should be divided among various smaller projects, Miss Roberts said.

She is pleased that the grant is enabling the facilitating signs to be erected.

"Everyone in the college and the community should be happy to have more direction getting in and out of campus buildings," she said.

G. E. Perdue High School

25th Anniversary

REUNION

"The Panther Returns"

May 23, 1987

Phone: 845-7501, 336-5208

124 Margarel Drive, Oakville, Ontario L6K2W1

Licensed Under the L.L.B.O.

Watch for our daily lunch specials for
Niagara College Students

CALL 735-1345

At Woodlawn Across from Niagara College

Carpet Clean

Residential — Commercial
Carpet & Upholstery Cleaning

P.O. Box 2
Stevensville, Ontario
L0S 1S0

Owned & Operated by
VIC BERG
(416) 382-2565

Bed and Breakfast

Host : Mr. and Mrs. McCorkindale

Working farm two miles northwest of Paris

Offers two large rooms, double beds and
children welcome.

Rate: \$25.00 single, \$35.00 couple/night.
Reservations suggested (519) 442-4948

From the tiniest baby to the most sophisticated preteen,
shouldn't yours look the best! Come in now and see our
beautiful selection and save 25% on selected dresswear
and dress shoes. Sale on April 13 - Saturday April 18.
An exciting collection of fashion & quality clothing for
Just Kids!

1227 Barton Street East Hamilton



Masonic bursaries

The Masonic Foundation of Ontario presented bursaries to two Niagara College students. Joanne Hepburn, (left), first-year library technician student, received \$300. Phillip Novak, (rear centre), first-year radio, television, broadcasting student, received \$500. Also present is Elaine Spark, finan-

cial aid officer (front right); John Parrett, (rear left), registrar; and Rick M. Stokes, district deputy grand master, the Masonic Foundation of Ontario.

Photo by Pat Barevich

St. Catharines

Mall proposed to unite public

By PATRICIA GLEADALL
Staff Writer

Dubbed the "people's mayor" by the city of St. Catharines, Joe McCaffery would like to create a "people's place" in the downtown section of that city. "There is more to a city than brick and mortar. You have to have a little bit of feeling and you have to provide a little bit of feeling," he said in an interview.

He wants a place where people can sit down and relax. One of the major things lacking in the downtown area is such a place. "This is a multicultural city and what better way to get to know each other?"

There is a market, a cathedral, the post office and library. Everything is handy.

ON JAMES STREET

Mr. McCaffery's proposal is to cut off traffic on James Street

between King and Church, creating a mall. Tables with umbrellas and chairs would be placed along it, making it people-oriented. It would be "very pleasant" and people would have a little more pride in their city. To get that pride, you have to give them something to be proud about, he said.

The proposal is before city council and the mayor hopes the plan will be in effect by May.

Mr. McCaffery would like to try it for at least six months and see what happens. He is sure that if it is ever put to the people, they would agree to it. It has been put to them before, but never really pushed as it will be in the future. The question likely to take place is in on the next referendum for election. He would like to see it put ahead of that. He plans to see what can be done about enforcing it for the summer once any legal "kinks" are ironed out, he said.

The gardeners who take care of the library and city hall could look after any flowers there. It could be a beautiful place, he said.

Markham man aims for college exposure

By ELIZABETH FINLEY
Staff Writer

Rick Washbrook is on the threshold of an exciting, successful career in the Canadian music industry. Mr. Washbrook, a Markham resident, has seen both critical acclaim and commercial success with the release of his debut album entitled Summer Roads. He has received recognition from various entertainment figures, such as John Oats of Hall and Oats. But despite the success and exposure that comes with playing the Toronto Club circuit, Mr. Washbrook has chosen to venture into a new territory — the college circuit.

"I just want to get out of the bars and pubs, and into the colleges," Mr. Washbrook said in a telephone interview. "The younger people are more receptive to original artists."

After the independent release of Summer Roads, a combination of country and soft rock music, in 1986, the first single released entitled Little Bit rose to number 23 on the RPM magazine adult contemporary chart. A second single entitled I Don't Believe was released in July of 1986, and reached number nine on the same chart.

The album's 13 tracks were written by Mr. Washbrook, who also produced and arranged the album. The California-born singer studied theory and harmony composition at the Royal Conservatory in Toronto, as well

as production and engineering at Fanshawe College in London, Ont. He released the album on his own cassette making company, Cassette Connections.

Mr. Washbrook will take his talents to a conference in Toronto this spring, as an opportunity to meet representatives from colleges throughout Canada.

COCA '87, the Canadian Organization of Campus Activities, is an annual trade show that invites the social conveners for colleges all over Canada to meet and choose performers for their schools.

The four-day conference consists of seminars, entertainment-lecture showcases, and exhibit hall time. The school representatives will have an opportunity to talk with Mr. Washbrook, who is attending the conference for the first time.

He hopes the conference will provide him with an opportunity to introduce his music to a new audience.



YOUR FORESTS
...YOUR FUTURE

Senior's zest for life

By PATRICIA GLEADALL
Staff Writer

Gordon Evans, 74, of St. Catharines, is not your ordinary run-of-the-mill senior citizen. In fact, he is a bit of a maverick.

Living in a downtown highrise, he does all his own cooking, cleaning and laundry. He bakes his own pies, cans fruit in the summer, makes pickles and generally keeps himself busy. When the grapes are ready, he brews himself a batch of "reasonably" good wine.

A veteran of the second World War, he worked on farms in Southern Ontario most of his life and continues his interest in this by keeping a large array of plants. This spring he plans to install two gardens for a couple of his friends.

Although he must walk with a cane these days, Mr. Evans nevertheless visits the St.

Catharines market three times a week, weather permitting.

One of his interests is going on fishing trips to various parts of Ontario with close friends. This group holds a weekly card game, rain or shine. He is an avid pool player, winning some and losing some, depending on his opponents. With all this, he still manages to read two or three books a week.

He said he still has an eye for the ladies and often shares a meal with one of them at a local bistro. He enjoys an appetite which, for his age is "phenomenal".

He has a zest for life and likes his independence so much that confinement in an old age home does not appeal to him.

Being, as he said, "quite a jokester", he says he will know he is slowing down when he can no longer get his rocking chair going. Until then he plans to live his life to the fullest

TUESDAYS

\$2.50

AT THE KEG

GREAT APPETIZERS \$ 2.50

	REG.	TUES.
Escargot	3.95	2.50
Cajun Shrimp	5.25	2.50
Chicken Fingers	4.45	2.50

and MORE!



240 Glendale
Avenue W.

St. Catharines
684-7477



By the dawn's early light

Daylight Saving Time means students come to the college when the sun is still low in the morning sky as this shot of Niagara College students coming to the Simcoe Building shows. While it may

mean an earlier start — from the point of view of sun time — it means an hour more of light in the evening. Daylight time is three weeks earlier this year. Clocks will go back one hour in the fall.

Accepting yourself and liking it

By DIANNE HART
Staff Writer

"Each one of you is very significant, and there is no one that can duplicate you or can offer into your world what you uniquely have to offer."

This was the "peak statement" of Suzanne Anderson at a seminar in Vineland March 28. Regional co-ordinator of Renaissance Business Associates, an international consulting firm, she was speaking to 75 women at Prudhomme's Inn from the Business and Professional Women's Club from Welland, Hamilton, St. Catharines, Niagara Falls and Fort Erie. The seminar was co-sponsored by continuing education services at the college.

"We are happy to work with this club to help us meet the mandate of continuing education services at Niagara College," Linda Saari, development officer, said. "It is part of our mandate to serve and meet community needs for training and skill development."

Theme

The theme of the seminar was "How to Get on the Good Side of Yourself and Stay There." Mrs. Anderson drew a wheel and on each spoke she wrote samples of roles women play: mother, wife, employer and co-ordinator.

In the hub of the wheel she wrote — I AM. "Women forget there is something else at the core of those roles they play," she said.

"If you have your identity in being the manager of your office, what happens when you lose the job? You're nobody! If your identity is tied into a relationship — a man and a wife — when you lose the partner, where are you?"

"If you exist on the spokes, you think you are what you do, you are who you know, you are what you have, and you are how many cars you drive. So if you want to be more successful and you are what you do, you have to do more and more which

Referring to super woman syndrome, she read an article which said, "Today's super woman is the extraordinary, ordinary woman. She tries to be everything to everybody — to have it all — by doing it all."

Women have been so busy doing all these things there has been no time to connect with themselves, Mrs. Anderson said. If a woman goes by herself to a beach, she would say there is nobody here. "Who is she with when she is alone? She is with her best friend, herself, and yet she has a phenomenon of a real sense of being alone or lonely. We compromise that in having a relationship with everything else externally."

Enhances

Mrs. Anderson spent a week training middle and top managers of Revenue Canada in the federal government and most of them were men. The program was called enhancing personal effectiveness, not professional effectiveness, because professional effectiveness is greatly increased as there is a sense of personal effectiveness.

"I'm not addressing just professional women; these things are relevant for anyone because it starts at the hub of the wheel," she said.

"We start off by redefining the concept of winning which is the flip side of losing. We have the notion there can only be one winner and if you're it, you feel great and if you're not, you feel lousy. Winning seems to be a state of consciousness based on exter-

nals instead of an internal sense of value."

Some people think there can only be one beautiful woman in the room at one time. "So if it's her, it can't be me. If it's not her, there is still room for me to be who I am." This winning concept is just for the very few. It is for one person who stands at the top of the hill.

Self-value

When people feel good about themselves, the door opens and they find it natural and easy to connect with others. "The true state of winning is a radiant and fun experience. A sense of our own significance, a sense of our own value, a sense that we actually bring something into the situation."

Behind every self-defeating behavior is an irrational belief, she said.

Men and women get locked into self-defeating behaviors which are painful instead of looking at the belief which is behind the behavior, and changing it. They use all sorts of techniques to avoid the pain of the system, such as fantasy, blame, guilt and withdrawal.

The final step is to take responsibility to feel adequate. "It is an illusion that anyone or anything is responsible for your behavior or experiences," she said. "It takes discipline, control and appreciating ourselves. Another key is forgiveness. When we forgive ourselves, then it is possible to forgive others. You must be willing to take a

5 journalism grads win writing awards

Five Niagara College journalism graduates have been awarded honorable mentions and runner-up status in the 33rd annual Western Ontario Newspaper Awards, and the 1986 Ontario News Wire Awards.

Andrew Dreschel, Elizabeth Payne and Carol Alaimo were all recognized by the Western Ontario Newspaper Awards, while Annita Newell, Bev Thompson and Elizabeth Payne again, received their awards from the Ontario News Wire Awards.

Mr. Dreschel who writes for the Hamilton Spectator, was named first runner-up for excellence in coverage of entertainment and the arts.

Elizabeth Payne, of the Brantford Expositor, won first runner-up for writing excellence in newspapers under 35,000 circulation category in the western Ontario newspaper awards. She also received honorable mention in the news writing category by the Ontario News Wire Awards.

St. Catharines Standard reporter Carol Alaimo was named second runner-up in the investigative reporting category. Niagara Falls Review editor

Annita Newell received honorable mention in the commentary category and Bev Thompson of the Peterborough Examiner received honorable mention in the editorial writing category.

Classified

OPPORTUNITIES IN ENGINEERING, SCIENCE AND ENVIRONMENTAL STUDIES

ON-SITE is a joint industry-government project placing unemployed professionals in companies throughout Ontario to work on waste management. It is open to eligible recipients of UI benefits. Qualified applicants will be placed for work terms of approximately 26 weeks and will receive UI benefits of \$318/week. Duties vary from company to company; most openings require skills in engineering, science or environmental studies. Prospects for permanent employment are good. For more information, contact:

ON-SITE
1179 King Street West, Suite 110
Toronto, Ontario
M6K 3C5
(416) 533-8888

LOST — Dark brown female tabby cat. Longhair with orange and tan throughout coat. Lost in the Silvan Drive area. Comes to the name of Bailey. Please call 735-3324 if found or seen.

FOUND — Three pairs of prescription eyeglasses have been found. Owners can pick them up at the Student Administrative office.

Pregnant?
Loving, caring,
caucasian couple
desperately wish
to legally adopt infant.
Registered
with private
licensed agency.
Call Pam collect
at 416-820-4776

Appearing

—LIVE—



APRIL 13 TO 18

FEMALE EXOTIC DANCERS

12 NOON UNTIL 1 AM.

WELLAND HOTEL

1 Niagara St.,
Welland 735-2400

Phone: (416) 732-3333

Paragon
HAIR DESIGN

Owned and Operated By
Deloris Suzich

78 Lincoln St. W.
Welland, Ont. L3C 5J4
Model of Excellence



SPORTS

New award introduced at Athletic Banquet

By WENDY KUDEBA
Staff Writer

Niagara College's athletes truly shone like stars at the school's annual Athletic Banquet held for the first time off-campus at the Players 1 Restaurant in Welland on April 8.

Mark Nelson and Tom Peat, multi-award winners in men's doubles in badminton provincially and nationally, won a new award of excellence for their four-year contribution to school athletics.

The new award is given to the team or individual who, over a two or three-year period, makes an outstanding contribution to Niagara College athletics. There is "no promise that it will be given out next year or the next," Peter Rylander, co-ordinator of athletics, said. "It will be given out as they (the athletic department) see fit."

Awards

Athlete of the year awards were given to Donna Stonos, the point guard on the basketball team, and Bob Thrower, highest scoring hockey defenseman in college history. Hugh Cook, a member of the Board of Governors, and Joe Spadafora, Welland alderman, who gave out the awards, both commended the athletes for their enthusiasm and participation in school sports.

Team coaches gave awards to most valuable players: in hockey, Mike Korolenchuk; women's basketball, Sue Sbruzzi, and in men's basketball to Fred Jason. Fred picked up his second award as an athlete of distinction. Kirk Patterson and Pat Flynn, both from the hockey team, received athlete of distinction awards. These awards were given out by Andre Hebert, vice-president of athletics.

Chris Andrews of the women's basketball team and Gord Bonisteel of the men's team took the Freshman Athlete of the year awards. Chris was unable to attend so her friend, Lisa Berar-

di accepted the award from Bette Ferguson, director of student services, for her.

Intramural awards sponsored by Molson's are given to most dedicated and most outstanding male and female athletes. Leslie Davis and Jeff Hornick took most dedicated and Jackie Boilard and Dave Czerlau most outstanding. These are the only awards for which the coaches may vote for a player.

Besides the special awards, each team player receives a school pin and depending on the person's point standing, may receive a small or large school letter. These were presented to the players by the team coaches.

Pins given

Pins were given to the three members of the golf team and to the four members of the tennis team. Tim Kemp of the tennis team, who rated fifth in the province, received a school letter.

Fifteen pins were given to the curling team. Robin Kemp, Jane Melnyk and Donna Murray received letters.

All the badminton players received pins with six of the eight players receiving school letters. Chris Ramjit, Shawn Evans, Mark Liho, Terry Fidler, Melanie Rathray, and Colin Reid took home letters. Colin was the only athlete from any sport who received a large school letter.

In basketball, nine pins went to the women's team. Charlotte Prevost and Fred Jason took home letters for the women's and men's team, respectively.

Each of the 24 hockey team members got their pins with Wayne Conn, Doug Jones and Mike Korolenchuk receiving letters.

Mr. Rylander ended the evening by extending his thanks to SAC, the College Administration, Niagara News, Radio CNRC, the coaches and other school administration for their co-operation and help in making this another successful year for Niagara athletics.



Gord Bonisteel

Donna Stonos

Bob Thrower

St. Catharines names exec

Mike Cipryk, Ontario Basic Skills student, is the new president of the Student Senate at St. Catharines campus.

Other members of the new Senate executive are: vice-president, Peter McKie, Basic Training Skills Development; secretary-recording, Ginette Belanger, BTSD; secretary-corresponding, Linda Gannon, BTSD;

treasurer, current accounts, Judy Jahnke, OBS; treasurer, copier accounts; Anthony Cosoletto, food preparation; events chairpersons, Rob Roy, Mechanical Trades, George Millar, Machine shop. All were elected by acclamation.

The new executives took up their positions April 8. An organizational meeting was to be held last Friday to discuss the constitution.

**THE NEED
NEVER
CHANGES**



St. John Ambulance

Budget speculation

Because so many variables are yet to be finalized, it would be a "very preliminary" budget for the upcoming fiscal year that Gary LaRose, executive director of Administration Services, was to present to the academic affairs committee of the board last Thursday, Jacqueline Roberts, Niagara College president, said.

"We're working on preparation, but the budget can't be finalized at this early date because there are too many unknown facts," she said. "We expect monthly changes till at least October."

She said there was criticism with last year's budget because it was not finalized in April.

"If we had presented a final budget then, it would possibly have meant 20 staff cuts," she said. "By waiting till all the figures were in, we saved those jobs," she said.

The 1987-88 fiscal year budget is on a "speculation basis." "It is based on the best information

we have at this time, but I caution people not to accept it as final."

Miss Roberts said in the post-secondary no programs will be cancelled, but there will be cut-backs within the programs. Adult education will definitely see a reduction in the number of seat purchases, probably more than \$500,000 below what it is now receiving. A seat purchase is equivalent to one place for one student that the federal government is willing to finance over a specified period of time.

The Futures budget, although not final, will be more than \$8 million. The Futures program, run by the college through the Ministry of Skills Development, helps youths between the ages of 16 and 24 who are unable to find jobs. The program encourages students to upgrade their education to Grade 12 equivalency; and teaches them how to prepare resumes, find jobs, and present themselves before possible employers.

WESTERN HOSPITALITY CENTRE

COUNTRY PUB RESTAURANT

CATERING SPECIALISTS

LOOKING FOR SOMETHING "DIFFERENT" FOR
YOUR PARTY, BANQUET OR FULL DAY EVENT?

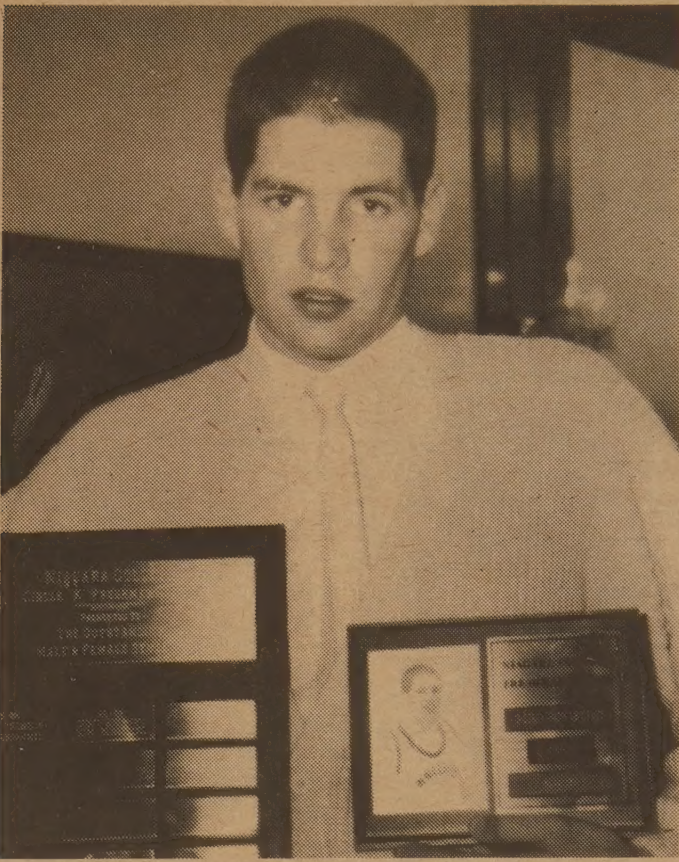
GIVE THE RANCH A CALL TODAY!!

871-7075

2343 THOMPSON ROAD, FORT ERIE



SPORTS



Gord Bonisteel

**Male Freshman Athlete of the Year
in basketball**

Intramural champs

Georgetown defeated Bassi's Bombers in a wide open basketball championship in the gymnasium April 9.

The champions received medals from athletic coordinator Peter Rylander.

Leading the way for the winning squad were Colin Reid and Vern Povel contributing 10 points each to their cause. Leading the way for Bassi's Bombers was Andre Hebert with 17 points in a losing effort.

Georgetown led the way after the first half 19 to six and never had to look back except for a last minute attempt by the Bombers to come out on top. The last minute attempt was a little too late, as the Georgetown squad won 41 to 25.

Georgetown advanced to the final game after defeating Law and Security (LASA) in the semi-final game. Bassi's Bombers defeated the Buffalo Braves in their semi-final game, which to a lot of the fans proved to be the most exciting game of the intramural play-offs.

College tv student wins apprenticeship

By LEONA LEVY
Staff Writer

Yvon Ipperceil, Niagara College radio and television student, was selected from 200 applicants for the Academy of Canadian Cinema and Television Apprenticeship Program. This is the first year the academy has offered an apprenticeship program.

"I couldn't believe my luck at winning," the 23-year-old student said. "I am ecstatic about being chosen."

Yvon, who was taught by Elias Petras, film instructor at the college, is one of 16 apprentices from across Canada who will be sponsored by the academy. They will start the work period of 16 weeks at the end of April.

Yvon has experience working in the film industry. Last September and October he worked on Niagara Miracles by IM-AX pictures. He said the experience and contacts he made on the picture stood him in good stead as a candidate; two of his letters of recommendation were from people whom he worked with on Niagara Miracles — Nicholas J. Gray, the producer, and Christopher Tate, of the camera crew.

EARLY INTEREST

Yvon's interest in film making began in Grade 8 when he became involved in television production for five years at Sudbury Secondary School. Though



he did quite well there, he realized television did not offer enough variety and challenge for him.

His long-term goal is to become a director of photography, who would be in charge of lighting decisions, and responsible for the ultimate look of the picture. He works in collaboration with the director.

The academy of Canadian Cinema and Television sponsors the Genie Awards for Canadian film making and the Gemini Awards for television production, Mr. Petras said. The Canadian Academy is equivalent to the American Academy for Motion Pictures Arts and Sciences.

To qualify for the the apprenticeship program, student had to be in his graduating year and submit two letters of recommendation from people in the profession. From the application forms, the academy whittled down the list to 49 finalists. The finalists submitted portfolios of their work, and were interviewed by a panel of six people, including directors and cinematographers.

ANYWHERE IN ONTARIO

Yvon specializes in camera, lighting, and cinematography, and he will have the opportunity to work on any film production in Ontario.

The academy will pay the apprentices \$250 a week. This gives the apprentice experience with reputable film companies, and gives film companies the opportunity to work with young talent without the financial burden.

In the future, Yvon wants to continue working in Canada.

Mr. Petras said the film industry is on an upswing in Toronto. It is a really good time for film students.

Port's rowing club wins The Race

By GARY BELLINGER
Staff Writer

It was a crisp May morning on the day of the regatta. As race days go, it was normal; get up at 6:30 a.m., have breakfast, get weighed in at the rowing club and get ready for The Race.

The Race was slated to be a two-boat race, in the 145-pound weight class, and was to go off at 1 p.m. We knew our competition to be easy pickings, so most of our preparations dealt with not getting too over-confident. The blue and white colors of Port Colborne High School would not come home without a gold medal this afternoon.

Delays

As the day wore on, delays put the races behind schedule and our race wouldn't start until 2:30. On our way up to the starting line, we practised our starts and timing.

Keep those arms up, drive with the legs coming out of the catch, get your timing together, screamed the coach...over and over again. Is he ever going to give up?... We're going to do this until you guys get it right. Okay, let's do a start and 20 strokes. And...keep those arms up, drive...I'm getting sick of him...

Upon arrival at the starting gates, we saw the loathsome black and orange colored singlets of Ridley College in the starting gates, so we assumed another race was to go before The Race. As we travelled between the starting gates, the race officials told us to get in the gates as our race was ready to go.

When we responded that Ridley wasn't slated to be in our race, the officials replied, "They are now." The other crew, whom we knew to be easy pickings, complained loudly that Ridley shouldn't be allowed in The Race. Yet, we knew, without speaking a word, that we had the gold medal in our hands and we were not about to let anyone take it away from us now.

Okay, let's start this workout with 50 pushups and situps each. Make sure you go all the way down. If you cheat, you're cheating the whole crew and not just yourself! If you want gold, don't slack off now or you'll regret it later. This is where you earn your medals...

We were ready for The Race.

After the other crew gave up its vain protests, the officials checked that each shell was on a straight course and was ready to go. It was a calm day, so the bowman only needed to take a few light strokes to straighten out the shell.

In the meantime, nobody let an eye stray, except to stare down their opposing number to let him know that he was in for a real battle.

Come on now, let's concentrate on what I'm doing out here instead of daydreaming. Think about my mistakes and correct them while I have a chance. Get the oar out of the water clean, don't sky the blade, bring the oar handle right into the stomach...

Then...the official's voice thundered out over the megaphone calling the crews to the ready saying, "Sit up...Are you ready..." and then the starting pistol sounded. The Race was on.

We got off to a fast start jum-

ping out to a one-quarter boat length lead (about 10 feet) and held that for the first 250 metres. At the 500-metre mark, one-third of the way through, Ridley caught up to us and managed to edge out in front by one-quarter of a boat length.

Drive those weights with your legs, don't hold back! You're not going to build any muscles if you don't feel any pain. The other crews are working even harder, so come on! You've got to go through the circuit twice more, so pace yourself...

Close

Ridley held their lead until the 1,000-metre mark when we managed to catch back up. We matched each other stroke for stroke only inches apart. It was now a 500-metre dash to the finish with both boats shut off from the rest of the world.

But once again, those boys from Ridley edged out to a one-quarter boatlength lead which they were determined to hold on to until the bitter end. And as we came ever nearer to the finish line, it seemed they might.

Now concentrate. Bring the oar in all the way, push the hands down and get the oar out of the water, flick the wrists, shoot the oar forward, go slowly up the slide, drop the blade in, drive the legs, keep the oar handle level, keep your eyes straight ahead, concentrate...

Then, with 200 metres left, we started to make a determined dash. With reckless abandon for our bodies, we pounded the water with our blades harder and faster, again and again. Stroke by stroke, we drew closer inch by inch. Was it too little, too late?

We were gaining, we're almost there, but did we have enough strokes? The noise from the spectators was deafening, but could we make it?

Then, with about five strokes to go the Ridley crew snapped under the ceaseless pressure of our assault. Their stroke, whom the rest of the crew follow, had his oar catch in the water and their shell stopped dead.

We flew past in a blaze of glory. Nobody could tell who would have won had Ridley not stopped. There were varied opinions on the possible outcome.

All that was certain was that we were tasting the thrill of victory and boys from Ridley were tasting the agony of defeat.

All this pain you're feeling in these workouts now will be worth it. Work that little bit extra harder now and you won't come up five feet short when you're going for the gold...

The bright sun shining that day was truly fitting for our glorious triumph in The Race. We could sit tall in our shell knowing all the early mornings, hard work, sweat, and the ranting and raving of our coach were worth the effort. And he isn't such a bad guy after all, at least when you get him off the water.

Let's
run around
together.



Fine Arts students' last show

This year's Fine Arts Option '87 art exhibit will be the last due to a lack of response, instructor Ken Cosgrove said.

The annual exhibit, held at Hennepin Art Gallery, displays the work of first and second-year students.

"People are having trouble getting information about it," Mr. Cosgrove said.

The show takes a tremendous amount of time and it is discouraging for students, instructor Marci Ditor said.

The exhibit runs from April 4 to 25 at the Hennepin Gallery.



Vive la difference

Brrrr! This was the scene only a bare two weeks ago after a blizzard unexpectedly struck the peninsula and clothed the Welland Campus and the whole area with white after a week of delightful spring weather with temperatures above 10 degrees C.



Ahhh, Spring. Fair weather returned to the peninsula last week after several days of rain which wiped out all the snow that the blizzard dumped two weeks ago. Now the first signs of spring abound as grass in Manera Court turns green and the buds on the birch trees begin to swell. Ahhhh, spring.

Self-assertiveness asset in many ways

By BOBBIE STOREY
Staff Writer

Becoming assertive is a challenge — it starts with the individual and affects personal life, family, work and social life.

"You have to be assertive with yourself before asserting yourself with others," Heather Kilty, Niagara College graduate, education co-ordinator for the Greater Niagara Hospital and teacher of an assertiveness training course, told a Women's Week seminar in the Hamilton Room March 19.

Assertiveness is expressing feelings, being honest and speaking up without hurting others.

Assertiveness

Assertiveness starts with the individual because "you are responsible for yourself." People must be told feelings because they cannot read minds, but they must be told in an unhurtful way.

Ideas should be shared with others; if they are not, they cannot be put into action and others cannot learn from them. "You rob both your friends and yourself."

Insecurity must be replaced with self-confidence. "Self-confidence is reflected in your thoughts about yourself and the way others think and talk about you."

Bad experiences go to the subconscious and are always remembered. These experiences must be taken from the subconscious and reprogrammed so goals can be achieved.

"For example, if you had a bad experience in public speaking as a child, you will remember that and you will convince yourself that you cannot speak in public. You must take that experience from your subconscious and reprogram yourself so you can speak in public."

Be aware of communication. "You cannot not communicate."

Messages

Messages are transmitted through body language, words, paralanguage which is voice tone and symbols such as writing.

"The responsibility of being understood is 50 per cent yours so stop playing games."

Sometimes people send mixed messages — their body language says one thing but their words say another. This message is hard to understand. It takes practice but, to get a message across, all channels of communication must read the same.

"You should look comfortable with your body, look like your body fits." Practise gestures, standing and sitting so that a positive message comes across. Choose words that are assertive. State ideas, but show willingness to listen to others.

"Your paralanguage should be tough but tender." Voice pitch cannot be changed but carefully chosen words and varying tones as well as adding body language can aid in coming across assertive.

When writing letters, whether they are personal or to apply for a job, be careful to choose words that are not too aggressive but not passive either. Before an in-

terview, research the organization. During the interview be an active participant and "look like you belong."

"Model yourself after a person who can show love as well as anger." The best type of friend is an assertive friend — someone who will show affection as well as say what is wrong without hurting feelings, someone who is honest and will help make changes for improvement.

Reading inspirational books, self-growth or motivational books as well as books based on lives of successful people will promote assertiveness. Tapes should reinforce self-confidence and positive thinking because "what goes into the your head eventually comes out of your mouth."

Assertiveness helps personal life because it helps "you to be all you can be." Critical people have less fun. Non-assertive people do not reach their potential because they cannot get the job they want.

Families

In the family both partners have to be assertive. Women are used to playing the role of servant and have to be assertive to get out of it. Men have to be assertive to play an active part in raising children because women naturally assume the role of parenting. In a relationship both partners must tell their wants, needs, and feelings in order for the relationship to be successful. People who are not assertive in relationships keep check lists of everything their

partner does; one day they "blow up" resulting in divorce.

Assertiveness is necessary at work in order to be happy. First it is needed to get a job and then to enjoy it. Complaints must be voiced in order to be remedied and ideas must be told so they can be put into action.

"In society you must be assertive because, as a consumer, if you are not assertive, you may get ripped off." Society is full of injustices — women are raped, wife beating is growing and more people are getting murdered. To end this violence men and women must work together and voice their concerns.

Student Council appoints new manager

The Student Administrative Council (SAC) began advertising for a business manager at the end of March in an attempt to add some continuity to SAC from one year to the next. The job will pay between \$19,000 and \$20,000 a year.

"The reason why we have come forth is there are a lot of weaknesses in our student council," Kathleen Harvey, SAC president, told the Board of Governors March 26. "There is a lack of continuity and consistency with new student council members from year to year."

As a result of the new position, student fees will increase by \$10 pushing the fees up to \$70 instead of an original increase of \$5. The increase was approved at the board meeting.

Priest seeks answers

By BARBARA HORNING
Staff Writer

It is believed the Sandinistas of Nicaragua should not be in power, but there is evidence they have made some contributions to the welfare of the country.

Rev. Joseph Mahoney, parish priest of St. Alexander's church, Highway 20, Fonthill, travelled to Nicaragua a year-and-a-half ago to get the real story behind the war because people do not understand the real story, he said in an interview after an one-hour slide show to Niagara College students April 3.

Most of the country remained illiterate until the Sandinistas started the "school of walls", a literacy campaign in which 60,000 young people took part.

Father Mahoney said illiteracy was reduced to 12 per cent from 52 per cent. They believe people should be responsible for their own destiny.

REGAIN AUTHORITY

He said the Contras are invading Nicaragua to overthrow the Sandinistas ruling government. The Contras want to regain authority they once had in the country when Anastio Somoza was dictator.

Admitting he is not a political scientist, Father Mahoney said: "People have to see what is going on for themselves, and increase their awareness (of world situations)."

Father Mahoney, born and educated in Toronto, has lived in the Niagara peninsula for 25 years.

He has belonged to the Christian Initiative for Peace, and Canadian Catholic Organization for Development and Peace, encouraging education of Canadians on Third World issues and trying to raise money for "self help projects."

Grad Dance on April 24

This year's grad dance will be held on April 24, at the Rose Villa Tavern 154 Riverside Drive, Welland.

"Everybody is welcome, the more the better," Donna Futur, Student Administrative Council office manager, said.

The cost is \$15 per person and tickets are available at the SAC office. A \$5 deposit will reserve tickets until April 15; after that date tickets must be paid in full.

Tickets will include a meal and dancing. Wayne Williams, a radio and television student will be disc jockey.

Symposium is at 6:30 p.m. and dinner is at 7:00 p.m.

Last pub of year held at Duck

The Year End Bash will be at the Aqua-Duck on April 29, the last day of school.

There will be entertainment, food and drink specials, starting at noon and continuing until 1:00 a.m.

A band, Chalk Circle, will play in the evening. The afternoon's entertainment was not available at press time.